



**MARCH THEMES: Food /Nutrition  
Dentist**

## **March 2018**

**When you have just 2 minutes! Read this stuff...**

### **Important Dates for Everyone!**

Tuition is due on March 1st  
3 day conferences March 12 and 13  
2 day conferences March 19 &20  
March 26-April 2 NO SCHOOL, Spring Break  
April 1st, Final tuition payment due  
April 3 School resumes  
April 10 Little Bear video Parent preview night, 6:30pm

### **Stay in Touch**

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### **Spring Conferences**

Our Spring conferences will be held in March. We are so grateful for your insight and your input is invaluable. Please remember that if you ever have further questions as our year progresses, we'd love to hear from you. Be sure to sign up for a time on the calendar outside the pick-up door. If a phone conference would serve your needs better, please let your child's teacher know. Thanks so much!

## **Let's Meet and Chat About The Little Bear Video**

On Tuesday, April 10<sup>th</sup>, we will have a parent in-service for the video Little Bear. This video is a nationally recognized video featuring animal characters to teach children ways to avoid being sexually abused. The tape features Little Bear, who has been touched in a way he is not comfortable with and told not to "tell." But he does "tell" and then learns about good touch and bad touch and ways to say no. The video will be shown to the children on Wednesday, April 11<sup>th</sup> (3-day classes) and Thursday, April 12<sup>th</sup> (2-day classes).

The preview showing of the tape will be held for parents only on Tuesday, April 10<sup>th</sup>, beginning at 6:30 p.m. We want very much for you to have an opportunity to view it, and be best prepared for any further discussion that may happen in your home on the days following the video. We use this video each year and have found it extremely well done.

**\*\*The Little Bear character in this video is NOT the same as Little Bear from the Else Holmelund Minarik/Maurice Sendak books and videos.**

## **When you have 5 MORE minutes! Read this stuff...**

### **Should There Be Fresh Snow In The Forecast...**

Here are a couple of great snow ice cream recipes to share with your people!

Snow Ice Cream

1 Can of Sweetened Condensed Milk Snow

About 1 tsp. of Vanilla

Snow Ice Cream

1 Cup milk

1 egg (use egg beater) 1/2 Cup sugar

1 tsp vanilla snow

### **Animal Tracks**

On our visit to the St Olaf Prairie we often use the Track Finder book. It's a wonderful book that helps identify tracks. It's compact and may be something you'd like to add to your family's permanent collection:

Track Finder By Doreas Miller Illustrated by Cherie Hunter Day. There is also a book about flowers: Flower Finder- Spring Wildflowers and Flower Families By May Watts

## **When you've got 10 more minutes! This stuff is good to know...**

### **Tips for Parents and Families**

These are tips for promoting positive values, from the Family Support Network.

#### **Teach Healthy Choices to Your Children**

Teach your child to share  
Teach your child to tell the truth  
Be clear in your beliefs  
Teach your child cooperation  
Involve your child in family decisions  
Allow for mistakes

#### **Teach Your Child Kindness and Respect**

Set firm, loving limits  
Treat your child with respect and dignity  
Let your child know he or she matters  
Be clear about how you want your child to treat others **Motivate Your Child**  
Use words that encourage your child  
Show your children love every day  
Offer your child choices  
Enjoy family time  
Encourage and praise effort  
Set realistic expectations for home, school, and community

#### **With All the Gratitude in Our Hearts...**

- We need to thank all who decorated, provided treats, served and removed classroom decorations. You helped make our Valentine's party a wonderful success!
- Thanks to all who helped chaperone on our field trip to the St Olaf Prairie.
- Thanks to Missy Mowers , Cassie Chavis who subbed for staff this past month at Open Door.