

**MARCH THEMES: Food / Nutrition** 

**Dentist** 

# **March 2021**

# **Important Dates for Everyone!**

Tuition is due week of March 1st Zoom conferences March 15 9-11:30 March 22-25 NO SCHOOL, Spring Break March 30<sup>th</sup>/31<sup>st</sup> School resumes Tuition is due week of April 1st, April 8 Little Bear video

### **Stay in Touch**

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# **Spring Conferences**

Our Spring conferences will be held via ZOOM in March. We are so grateful for your insight and your input is invaluable. Please remember that if you ever have further questions as our year progresses, we'd love to hear from you. Be sure to let us know what times would work for you by returning the form sent via e-mail. If a phone conference would serve your needs better, please let your child's teacher know. Thanks so much!

## Registration for 2021-22

You will be receiving an email with the registration form for the upcoming year. If your child will be returning, or a sibling enrolling, please complete and return by March 18. If you know of someone who Is Interested In enrolling, the registration form Is available on our website. Please spread the word! As noted on the form, we hope to offer both a three day (M-W) AND two day (Th-F) class next year.

#### The Little Bear Video

On Thursday, April 8, we will show the video Little Bear. This video is a nationally recognized video featuring animal characters to teach children ways to avoid being sexually abused. The tape features Little Bear, who has been touched in a way he is not comfortable with and told not to "tell." But he does "tell" and then learns about good touch and bad touch and ways to say no.

Follow up questions will be discussed at Open Door. We encourage you to discuss this further with your child at home. We will be sending the follow up question sheet home as well, you may find this useful. We use this video each year and have found it extremely well done.

#### Should There Be Fresh Snow In The Forecast...

Here are a couple of great snow ice cream recipes to share with your people!

Snow Ice Cream

1 Can of Sweetened Condensed Milk Snow

About 1 tsp. of Vanilla

Snow Ice Cream

1 Cup milk

1 egg (use egg beater) 1/2 Cup sugar

1 tsp vanilla snow

#### **Animal Tracks**

On our visit to the St Olaf Prairie we often use the Track Finder book. It's a wonderful book that helps identify tracks. It's compact and may be something you'd like to add to your family's permanent collection:

Track Finder By Doreas Miller Illustrated by Cherie Hunter Day. There is also a book about flowers: Flower Finder- Spring Wildflowers and Flower Families By May Watts

### **Tips for Parents and Families**

These are tips for promoting positive values, from the Family Support Network.

# **Teach Healthy Choices to Your Children**

Teach your child to share
Teach your child to tell the truth
Be clear in your beliefs
Teach your child cooperation

Involve your child in family decisions Allow for mistakes

# **Teach Your Child Kindness and Respect**

Set firm, loving limits
Treat your child with respect and dignity
Let your child know he or she matters
Be clear about how you want your child to treat others

#### **Motivate Your Child**

Use words that encourage your child Show your children love every day Offer your child choices Enjoy family time Encourage and praise effort Set realistic expectations for home, school, and community